AND THE ANSWER IS . . .

For a little fun, test your knowledge about vision and preschool vision screening. Answers are on page 3.

1. Children know how they should see and should be able to tell us if they cannot see clearly.
   True or False?

2. Many common eye/vision problems are detected by parents.
   True or False?

3. Watching television from less than 3 feet away will damage your eyes.
   True or False?

4. This eye chart to the right is recommended by the American Academy of Pediatrics.
   True or False?

5. Holding a book close while reading damages your eyes.
   True or False?

6. Reading in dim light is not harmful to your eyes.
   True or False?

7. Preschool vision screening is important because we want to (select 2):
   A. Help children make friends
   B. Prepare children for kindergarten and learning
   C. Protect vision as children grow into older adults who are likely to develop older adult eye disease
   D. Help children run faster

8. The eye chart to the right is recommended by the American Academy of Pediatrics.
   True or False

9. The best distance to screen the vision of preschoolers is 20 feet:
   True or False

10. The eye care professional should dilate a child’s eyes in a comprehensive eye exam:
    True or False
11. Three common early childhood vision disorders that we want to find through preschool vision screening include (select 3):
   A. Abnormal refractive errors
   B. Amblyopia
   C. Achromatopsia
   D. Albinism
   E. Cognitive delays
   F. Communication delays
   G. Strabismus

12. Preschool vision screening tests recommended by the American Academy of Pediatrics include (select 2):
   A. LEA Symbols
   B. Blackbird
   C. HOTV Letters
   D. Kindergarten (Sailboat) Chart
   E. “Hand” chart

13. The best distance to screen the vision of preschoolers is 20 feet:
   True or False

14. Allowing children to use a hand to occlude their eyes during vision screening is an appropriate occlusion method.
   True or False

15. If a child fails preschool vision screening but does not act like he has a vision problem, it is ok to skip the follow-up eye exam:
   True or False

1. False
2. False
3. False No damage will occur from sitting close to the television.
4. True LEA Symbols is a chart recommended by the American Academy of Pediatrics
5. False Holding a book close does no damage. Holding a book close can be a sign of myopia (clear at near), but holding a book close will not cause myopia.
6. True A strong light may make reading easier because words are clearer to the visual system.
7. B and C
8. False
9. False
10. True
11. A, B, and G
12. A and C
13. False 10 feet is recommended by the American Academy of Pediatrics
14. False Giving children responsibility for their own occlusion opens wide the door for peeking, especially if an eye has amblyopia or vision is blurred.
15. False Many children do not exhibit behaviors suggesting they have a vision problem because oftentimes they have learned to compensate.